


**36.0**  
WEEKS

### Prenatal encounter note

Routine Birth Center Visit

In her new home/bus. Well supported by community. Has back up plans for her living situation. GBS results negative. Has all appts until EDD. Still deciding on circumcision. Her Bday was yesterday. Will return in 1 week.

 [View prenatal flow sheet](#)

### Related to-dos

#### 34-36 Weeks

- ☒ Has Birth Kit
- ☒ Supplies Gathered/Packed
- ☒ All Consents Returned

#### 37 Weeks

- ☒ Review GBS /labs Discuss Tx plan
- ☒ Perception of CBE
- ☒ Clarify any loose Ends



By: Harmony Miller, LM, CPM  
Service Date: 12/27/2018


**37.0**  
WEEKS

### Prenatal encounter note

Routine Birth Center Visit

Ct in with her good friend, Tia. I'll add her number to the overview page under Notes. Plan is for only Paris and Jason to be at the birth, but she may want Tia for additional support. All packed and ready. Car seat and birth box in car. No HA's or leg cramps. Sleeping well and naps most afternoons. Has a PP Doula to help with meals, dishes and bf support. She thinks she will be one week overdue.

S/S of candida- sending Affirm test today, per request. Using ACV in peribottle. I also told her how to make TTO suppositories with coconut oil to insert each night for 3-5 nights. Knows s/s of labor and when to page. RTC in 1 wk if undelivered. SEW

 [View prenatal flow sheet](#)



By: Stacia Walden  
Service Date: 01/03/2019

**37.6**  
WEEKS

### Prenatal encounter note

Uncategorized

Getting acupuncture at 5 Petal.

Checked car seat, properly installed.

Disc changing EDD, had early scan at 6 weeks and gave EDD 1/24/19. LMP EDD is 1/15/19. Has consistently measured smaller for EGA. Parents choose to change EDD to 1/24/19 based on FH measurements and no uterine activity to date. Disc in length.


S=D for EDD 1/24/19

VS WNL

++FM

RV in 1 week

JS

 [View prenatal flow sheet](#)



By: Jordan Shockley, LM, CPM  
Service Date: 01/09/2019

**39.0**  
WEEKS

### Prenatal encounter note

Routine Birth Center Visit

Feeling downward pressure, nausea, back tension, and an unusual "weird" Getting acupuncture from Angela 3 times/week. Experiencing hormonal shift. Has anticipated baby coming on Monday the 21st. Has done ample food prep. Plumbing complete. Living in the bus. Has a new employee in training. Will return in 1 week for routine care.

[Q View prenatal flow sheet](#)

### Related to-dos

**38-40**

☒ Fetal Kick Counts



By: Harmony Miller, LM, CPM  
Service Date: 01/17/2019

**39.5**  
WEEKS

### Prenatal encounter note

Routine Birth Center Visit

Paris here by herself. She looks lovely as usual. Reports an occasional cramp, w lower back pain.

Noticed she is eating larger meals

Walking the bridge regularly

Sleeping well, wakes up to void and falls back to sleep easily

States she had been receiving regular acupuncture until her last treatment caused a painful spasm in her ankle while stretching. Disc trying reflexology, massage

Active baby. Denies HA

No questions, feels prepared. Only partner for birth and maybe sister Sadiee Bean as photographer. She is looking for a peaceful experience that flows naturally

Discussed post-dates in 41st week if still pregnant, understands

S=D

VS WNL

++FM

RV in 1 week unless delivered

JS

[Q View prenatal flow sheet](#)



By: Jordan Shockley, LM, CPM  
Service Date: 01/22/2019

**40.5**  
WEEKS

### Prenatal encounter note

Routine Birth Center Visit

Has some occasional cramping, low back pain. Constant diarrhea over the weekend. Feels prepared for labor and birth. No questions. Knows how and when to page. Has gotten 2 reflexology massages.

Reviewed postdates testing instructions for next week if still pregnant

S=D

VS WNL

++FM

RV in 1 week unless delivered

[Q View prenatal flow sheet](#)



By: Jordan Shockley, LM, CPM  
Service Date: 01/29/2019

**+0.0**  
WEEKS

## Labor, birth, & immediate postpartum encounter note

Routine Birth Center Visit

22 y.o.  
G1 P0  
40+6 EGA  
EDD by 6 wk u/s 1/24/19  
Prior EDD 1/15/19 by combination of LMP EDD and early u/s EDD- Dr KASH decided  
0+  
Hemoglobin @ 17 wk: 13.0 @ 29 wk: 12.4  
Rubella immune  
GCT 57  
Pap 7/2018 w Dr KASH  
GBS negative

Planning BC birth- lives 5 min away  
Tx from Dr. KASH  
Hx of chlamydia 2013- tx and negative since  
Allergy to Amoxicillin  
Placenta anterior  
Fiance: Jason x 5 years, age 37  
Owns Green Bean Coffee House and Air BNB with partner  
Sex of baby- surprise

Page @ 6:14 am to report strong RUC q 2-3 minutes lasting a minute. Would like to meet at RBH.

## Labor flow sheet

[Go to labor flow sheet](#)



By: Jordan Shockley, LM, CPM  
Service Date: 01/30/2019

**+0.1**  
WEEKS

## Postpartum encounter note

Follow-up Hospital Visit

Visiting Paris, I brought her flowers, snacks, kombucha, coconut water, and amethyst. She was laying down upon my arrival. Reports she was able to get up and walk to the bathroom. She was able to sleep during the night. I spent time with her, we both cried, and discussed her birth- posterior breech baby is very difficult to deliver. She plans to be discharged and go to St Pete ACH to see baby today. Offered support and promise to be available to her and her needs. She expresses gratitude and love, she is an amazing person. Plan to check in regularly with many more visits, as she desires.

Total time: 1.5 hours

JS



By: Jordan Shockley, LM, CPM  
Service Date: 01/31/2019